



NEIGHBORS ACROSS THE LAND

Disaster Relief and Recovery

LOVE. SERVE. BUILD.

P.O. Box 41 – Marshalltown, IA 50158 – 641-691-7204-natldrr.org



Building Your Family's Disaster Plan

This page is intended to help you prepare for disasters (large and small) before they happen. Using this procedure, your family can assemble a 1 week emergency evacuation kit. Recent events, however, have shown that your kit should be capable of supporting you and your family for at least 6 days! Depending on the size of the Disaster and evacuation you may not be able to return to your home for weeks or months please plan for this. Check off each item as you gather the contents.

Remember: to rotate your perishable supplies and change water as needed for freshness.

Remember: Check the kit every few months to be sure your supplies are fresh! Water will last for a year or two if sealed and stored properly (out of direct sunlight keep in a cool place).

Research has shown that (whether it is a Fire, Tornado, Flood, Hurricane or Power outage in a blizzard with sub- zero temperatures) the more prepared people are for the disaster, the better your chances to escape death or serious injury.

Create a Family Disaster Plan

To Get Started:

1. Check your house for supplies that you already have on hand.
2. Decide where you will store supplies (food may be packed together in a single container).
3. Meet With Your Family To Plan:
4. Discuss the types of disasters that could occur.
5. Explain how to prepare; explain when and how to respond.
6. Discuss what to do if you need to evacuate.
7. Discuss what to do if you cannot meet at home and have to meet in an alternate location.
8. Should you evacuate?
9. Where will you go?
10. Do you have family or friends to stay with, how many people can their house hold and for how long?
11. Will we need a hotel room, for how long, and the costs?
12. Do we have enough Cash on hand for the evacuation trip?
13. How will you get there?
14. What is your alternate route?
15. What must you take with you?
16. Practice your plan, rehearse so all members in family know how what is expected and what to do. Put a copy of a printed plan in each Disaster Supply Kit with a First Aid Manual, and good survival Handbook.
17. Remember to rotate your supplies as needed for freshness!
18. Call your local Emergency Management office and ask what disasters are likely in your area.
 - Are you located in a flood zone?
 - Hurricane risk if on the coast line?
 - Tornado risk?
 - Earthquake risk?



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- Power outage from a Blizzard?
- Severe Thunderstorm?
- Is there a chemical disaster risk or some type of man-made disaster, etc?

In case of evacuation, your emergency evacuation or "Go-Pack" should:

Be in a back pack or other similar container that is easily carried and

Contain ---

- all your Disaster supplies.
- Your most important items such as a change of clothes, Cash and coins for pay phones, out-of-state contact info, medications, important papers, etc.
- Important Papers- Drivers Licenses, Marriage License, Birth Certificates, Passports, Shot Records, Contact Records (Bills- Mortgage company etc) Bank Account information etc.
- Remember if you have to leave you will need to prove you are who you say you are to get back into your area, you will also need this information to file paper work with Non-Profits and with FEMA.
- Have a pack that you can put in your vehicle so if there is an event while you are on the road you are ready. This pack does not have to be as prepared; generally you would want this as an emergency grab bag if you're in a major blizzard or a Tornado event.